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Robin Hood, this is all your vault

Bank-heist flick Now You See Me has a familiar theme: Robbers who steal from the rich to give to the poor







PCs want probe into Wildrose Party robocalls

Push polls. Tory cabinet minister wrote letter to chief electoral officer to investigate whether automated calls changed results in closely contested ridings

Premier Alison Redford's Progressive Conservative Party is asking the chief electoral officer to investigate rule-breaking Wildrose robocalls to make sure they didn't affect last year's election.

The Opposition party said it would co-operate with any investigation, but urged that the actions of all parties be reviewed along with the issue of push polling.

Tory cabinet minister Doug Griffiths suggested in a letter to the chief electoral officer that it's critical to determine whether the automated calls changed the result in closely contested ridings won by the Wildrose.

"The most important question that must be asked and investigated is: To what extent did the illegal behaviour affect Albertans' right to vote or changed the election results in any Wildrose-Alliance-Party-held constituency?" the letter asks.

Last week, the Wildrose party said it was fined \$90,000 by the Canadian Radio-television and Telecommunications Commission for making the automated calls in 2011 and 2012. It's the biggest fine ever levied against a political party by the CRTC.

The Wildrose broke the

rules by not identifying who was behind the calls. Federal regulations stipulate that automated phone calls must include the name of the party sponsoring the call, as well as an address and contact telephone number.

Wildrose Leader Danielle Smith wrote her own letter to the electoral officer saying her party would co-operate, but asked that the probe be

She took specific aim at so-called push polls she says were done by the Tories.

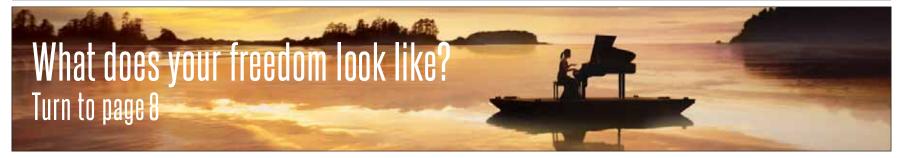
"Message push polls are a form of advertising masquerading as legitimate electoral research and as such should have identified that it was paid for and authorized by the (Progressive Conservative Association of Alberta) campaign," Smith said.

THE CANADIAN PRESS



TACKLED TO THE TURF

Canada's Julian de Guzman, right, trips Costa Rica's Pablo Herrera in the first half of a soccer friendly in Edmonton, Tuesday. Costa Rica won the game 1-0 on a penalty kick. JOHN ULAN/THE CANADIAN PRESS





With over 20 chart topping singles, including "Something to Be Proud Of", "Where I Come From" and "What Do Ya Think about That", Montgomery Gentry is a country duo with deep roots.

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Research.

Along and winding road to fighting potholes

Homegrown technology is hopefully going to pave the way for fewer potholes on Edmonton streets.

Edmonton's Engineering Services Quality Assurance Lab is using state-of-the-art equipment to study and battle against the problems caused by natural wear and tear.

The laboratory, which is the only one in Canada supported by a municipality, creates new asphalt mixtures and puts them through rigorous tests to ensure quality.

"We're able to figure out what combinations would work best in specific locations," Hugh Donovan, Construction Service Engineer at the lab, said during a media tour Tuesday.

Roads use different asphalts depending on a variety of factors, including volume and speed of traffic, said Donovan.

'For example, mixtures used at intersections cost twice as much as standard asphalts."

The newer asphalts, installed since 2009, should be less susceptible to ruts and potholes, but it will be a long time before they are completely eliminated, if ever, said Donovan.

"Asphalt research is longterm; it will be 10 to 15 years before roads are ideal," he

"No matter how good the material is, though, there's no guarantee potholes will stop."

The results of the numerous studies done by Engineering Services have been presented at conferences and forums in Canada and around the world.

PATRICK NGUYEN/FOR METRO

Gold scam on the rise: Police

Due to a series of gold jewelry frauds and thefts in the past month, Edmonton police are warning citizens to not believe everything they hear.

'We have ... upwards of 20 files on the go with this," West Division Det. Dave Thomson said Tuesday. "But we know there's more, and I'm just asking people to come forward."

The bulk of the incidents have happened since the middle of May, and include victims purchasing gold jewelry thinking it's the real thing, to victims being told a compelling story and given a hug as a distraction while their real gold jewelry is replaced with

It's happening across the

city, Thomson said.
"We're very concerned that these people are aggressively approaching our seniors in the city and removing their jewelry," he said. "Or duping people into thinking that what they're buying is real. "It isn't.'

The suspects are described as eastern European males and females with strong accents, ranging in age from late

20s to early 50s. Anyone with information is asked to call police at 780-423-4567, #377 from a mobile phone or Crime Stoppers at

HEATHER MCINTYRE/METRO

1-800-222-8477.



Sohi not running for mayor ... this time

Ward 12's leader.

Politician has decided to try to go three-for-three in council, surprising political watchers



RYAN TUMILTY

Defying many expectations, Coun. Amarjeet Sohi announced Tuesday he would not run for mayor this fall, but instead run for re-election to council.

Standing outside city hall, Sohi said he did not feel the time was right for him to seek the mayor's chair and said he would instead attempt to secure his Ward 12 council seat for a third term.

"I would have been honoured to ask Edmontonians for a mandate to lead our city, but today I am going to put my personal ambitions aside and put

Staying the course

Sohi is serving his second term on council and will be seeking a third this fall. Prior to that he worked for Edmonton Transit.

the interests of our city at the forefront," he said.

Sohi said during what could be a dramatic turnover at council this fall, he wanted to make sure the city did not lose focus.

"The presence of my voice at council might be more important than ever as we continue on the path of building a dynamic and forward-looking city.

Mayor Stephen Mandel, who announced his retirement last week, applauded Sohi's decision and said he hopes the people of Ward 12 send him back to council.

"In typical Amarjeet style, he put the city ahead of his own interests and made a decision to come back to city council,"



will not run for mayor, but instead campaign for a third term as councillor of

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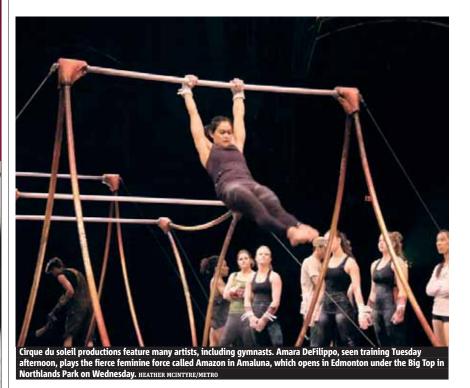
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Amaluna opens today in the city

Long time coming.

Show premiered in Montreal in April 2012, was announced for Edmonton in December



HEATHER
MCINTYRE
heather.mcintyre@metronews.

A love story. Athleticism. Girl power.

That's what gymnast Amara DeFilippo wants those with tickets to Cirque du soleil's Amaluna to be ready for when it opens Wednesday. The 25-year-old California native is one of many gymnasts on the uneven bars as Amazons — a.k.a. the fierce feminine force of the mysterious island governed by goddesses the show is set on.

"This is the first Cirque show that's been mainly women, and our band is all female so that's a first," said DeFilippo.

"And you'll see everything," she added. "I'm not going to spoil it for anybody, but just come see the show and you'll see some amazing athletes and amazing acts."

The production features 52 artists, and the storyline, directed by Diane Paulus, focuses on Miranda, the

young daughter of island leader Prospera, who falls in love when a group of men is brought to the island.

The first Big Top to be raised in Edmonton went up last Thursday. The show runs until June 23.

"What's different about the Big Top is it's a tent," Jamie Reilly, company manager for Amaluna, said after the raising. "The intimacy, the proximity you have with the stage. Instead of seeing a production at the far end, you're part of it.

"You can feel the energy."

Follow Heather McIntyre on Twitter @Metro Mac



'Groundbreaking'

U of A makes breakthrough in breast cancer research

Medical researchers at the University of Alberta are opening new doors in cancer research with their recent discovery of a marker for sporadic breast cancer, which accounts for 80 per cent of all breast cancer.

Despite its prevalence,

sporadic breast cancer research is very rare, with the bulk of resources being used on familial breast cancer, which accounts for the remaining 20 per cent

remaining 20 per cent.

"Not every lab has the resources and the knowhow to be able to undertake this kind of work," Sambasivarao Damaraju, a professor at the university, said Tuesday. "This is very complex."

Damaraju is able to do his work at the U of A because of a biobank that began collecting data in 2001, funded by the Alberta Cancer Foundation (ACF).

"The things that are happening in Alberta today are just groundbreaking," said Carnelle Boston, ACF vice-president of communications.

The study, published in peer-reviewed journal PLoS One, scanned the DNA of 7,200 women, including those who have had sporadic breast cancer and those who have not had cancer.

PATRICK NGUYEN/FOR METRO

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you are being watched because you have to be careful. Big Brother is on to you!!!"

That odd note was left behind after a dog was allegedly stolen from a yard near Onoway last week.

In a release issued Tuesday, Spruce Grove/Stony Plain RCMP said they were advised on May 23 that a husky-collie cross had been tied up in the yard, but was gone when the owner returned home — and only the note remained.

RCMP said the dog's owners have an idea of who might have taken their dog, and that anecdotal reports

Anyone with information about the incident is asked to contact Stony Plain RCMP at 780-968-7267, or Crime Stoppers at 1-800-222-8477.

A reward of up to \$2,000 is on offer should a tip lead to an arrest, said RCMP.

indicate there may have been other dogs taken over the past several months in the Lac Ste Anne and Spring Lake areas, even though police reports were not made. METRO

Take note, researchers

Province puts raw data online

The Alberta government is making reams of raw data available online on everything from groundwater activity to birth statistics.

Service Alberta Minister Manmeet Bhullar says the

goal of what's being called the open-data portal is to share information that can be used to support innovative ideas and projects.

There are currently 280 data sets on the portal. More sets will be added once they are cleared of any personal or proprietary information.

THE CANADIAN PRESS

Near Onoway. Dog allegedly stolen, odd note left behind Coronation arena to close



The Coronation arena, located at 135 Street and 112 Avenue, will be demolished when the city moves ahead with redevelopment of a recreation

Redevelopment.

Recreation centre to include velodrome. fitness centre. track. courts, link to pool and more



TUMILTY

Edmonton city councillors killed a plan Tuesday to keep the existing Coronation arena alive and open during redevelopment of a recreation centre on the same site.

Redevelopment of the Coronation Community Recreation Centre is scheduled to get underway in 2015, assum-

Out with the old

"Why would we limp along this one when we could focus our energies on a different location?"

Coun. Kim Krushell

ing the next council approves the budget.

City administration had proposed keeping the existing 43-year-old facility open during the first phase of construction and then demolishing it in a second phase.

The city has already determined there's not enough room on the existing site for a twin-ice arena, and the new recreation centre will instead be home to an indoor cycling track, called a velodrome.

But Coun. Kim Krushell said keeping the rink open during construction didn't make sense.

"Why would we limp along this one when we could focus our energies on a different location?" she said.

Administration pated spending as much as \$3.5 million on top of added construction costs to keep the arena open until 2017, but Krushell said that money could be put to better use.

Roger Jevne, the city's director of park and facility development, said the new plan makes more sense.

"It was better to put those dollars into a new facility."

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Israel could strike Russia-Syria missile shipment



Hardline warning.

Government fears weapons could fall into hands of militant groups

Israel's defence chief said Tuesday a Russian plan to supply sophisticated anti-aircraft missiles to Syria was a "threat" and signalled that Israel is prepared to use force to stop the delivery. The warning by Defence Minister Moshe Yaalon ratcheted up tensions with Moscow over the planned sale of S-300 air-defence missiles to Syria. Earlier in the day, a top Russian official said his government remained committed to the deal.

Israel has been lobbying Moscow to halt the sale, fearing the missiles would upset the balance of power in the region and could slip into the hands of hostile groups, including the Lebanese militia Hez-bollah, a close ally of the Syrian regime.

Israel has carried out several airstrikes in Syria in recent months that are believed to have destroyed weapons shipments bound for Hezbollah. The government has not confirmed carrying out the attacks.

The delivery of the Russian missiles to Syria could limit the Israeli air force's ability to act.

The wrong hands

Since the Syrian conflict erupted in 2011, Israel has repeatedly voiced concerns that Syria's arsenal, including chemical weapons, could either be transferred to Hezhollah or fall into the hands of al-Qaida-affiliated rebels battling the Syrian president.

Eastern China. Firefighters rescue newborn baby lodged in sewer pipe

Chinese firefighters have rescued a newborn boy from a sewer pipe below a squat toilet, sawing out an L-shaped section and then delicately dismantling it to free the cocooned baby, who greeted the rescuers with cries.

A tenant heard the baby's sounds in the public restroom of a residential building in Zhejiang province in eastern China on Saturday and notified authorities, according to the state-run news site Zhejiang News. A video of the twohour rescue that followed was broadcast widely on Chinese news programs and websites late Monday and Tuesday.

The child — named Baby No. 59 from the number of

his hospital incubator — was reported safe in a nearby hospital, and news of the rescue prompted an outpouring from strangers who came to the hospital with diapers, baby clothes, powdered milk and offers to adopt the child.

Police are treating the case as an attempted homicide, and are looking for the mother and anyone else involved in the incident.

The landlord of the building in Pujiang county told Zhejiang News that it was unlikely the birth took place in the toilet room because there was no evidence of blood and she was not aware of any recent pregnancies among her tenants.



Novel coronavirus

SARS-related virus claims life of French patient

A French patient infected with a deadly new respiratory virus related to SARS died Tuesday of the disease, which has killed half of the 40 people known to be infected and alarmed health officials.

The novel coronavirus

is related to SARS, which killed some 800 people in a global epidemic in 2003. Dr. Margaret Chan, head of the World Health Organization, singled out the illness in a speech on Monday in Geneva.

"We understand too little about this virus when viewed against the magnitude of its potential threat," Chan said at the annual WHO meeting. "We do not know where the virus hides in nature.

THE ASSOCIATED PRESS



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metronews.ca Wednesday, May 29, 2013 metr⊕

Chelsea Clinton follows mom's footsteps

Groundbreaking visit.

Hillary Clinton went to Myanmar in 2011 and helped nudge the government toward democratic reforms

Chelsea Clinton said Tuesday she plans to become increasingly involved in the international health projects of her father's foundation and to speak out for gay rights.

The only child of former U.S. president Bill Clinton said on the sidelines of a women's conference in Malaysia's main city that she hopes to return to Southeast Asia, specifically Myanmar, where the foundation will work with authorities to dis-

"My father and my husband are quite jealous now because my mother and I both have been to the country, and they have not."

Chelsea Clinton talking about her recent visit to Myanmar.

tribute medicine and health products, including drugs and child vaccines, at cheaper prices.

Clinton visited Myanmar

earlier this week at the start of an initiative to provide water-purification packets to areas with unsafe water supplies. THE ASSOCIATED PRESS



conference in Kuala Lumpur Tuesday. MARK BAKER/THE ASSOCIATED PRESS

German railways

Deutsche Bahn calls in drones to snoop on vandals

Germany's national railway operator will soon be flying small drones over its tracks, bridges and stations to keep a watchful eye out for vandals spraying graffiti.

Deutsche Bahn said Tuesday some 14,000 incidents of graffiti were reported in 2012 alone, costing about \$10 million in cleanup costs. Germanybased microdrones GmbH produces the test units, worth about \$80,000 each.

China

13-year-old girl allegedly cuffed, paraded in public

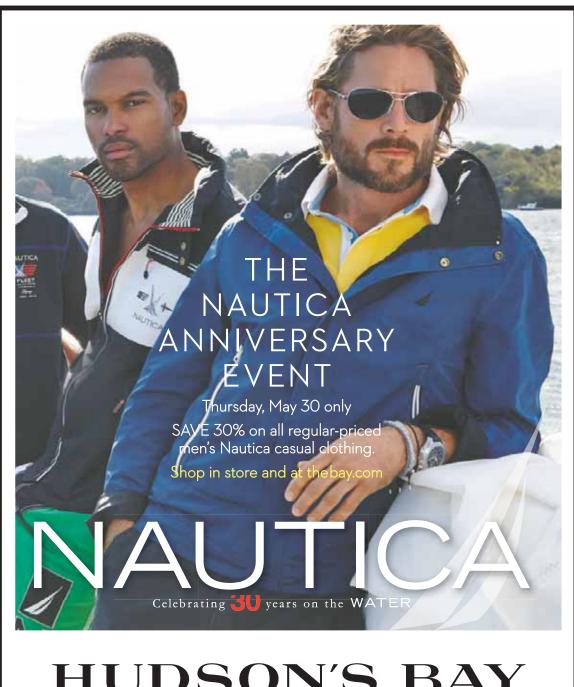
Two Chinese village officials in Guizhou province have been suspended after they were accused of handcuffing a 13-yearold girl and parading her down a street for 20 minutes as punishment for accidentally splashing water on an official vehicle.

Kele village's party chief and other officials reportedly got into a verbal and physical scuffle with the girl's aunt before handcuffing the teenager. THE ASSOCIATED PRESS



Obama in Jersey Shore rerun

U.S. President Barack Obama and New Jersey's Republican Gov. Chris Christie walk along the boardwalk at Point Pleasant, NJ., Tuesday. Obama travelled to New Jersey to join Christie to inspect and tour the Jersey Shore's recovery efforts from Superstorm Sandy. The visit reprises the remarkable bipartisan tableau they offered during Sandy's immediate aftermath when Obama flew to New Jersey just days before the November presidential election to witness the storm's Wreckage. Pablo martinez monsivais/the associated press



HUDSON'S BAY











metronews.ca NEWS 1

Senate sending Duffy's claims to RCMP for review

Expense scandal.

From 2011-12, Sen. Mike Duffy asked for Ottawa-based living expenses for 49 days when he wasn't there

Senate officials confirmed they have found a troubling pattern of Sen. Mike Duffy improperly claiming living expenses, including several days in 2011 when he was campaigning across the country for the Conservatives.

Senators meeting at a committee late Tuesday voted to send the matter of Duffy's expenses to the RCMP, after hearing the new information.

Senate finance officials detailed how Duffy made claims for living expenses for his Ottawa home, while he was elsewhere in the country.

Duffy did not attend the committee meeting.

The Canadian Press first



reported two weeks ago that Duffy had said he was on Senate business while campaigning with Conservative candidates. Shortly afterward, Duffy resigned from the Tory caucus.

But it wasn't until the latest report was tabled Tuesday night that an account was given on the days Duffy was claiming expenses.

During the 2011 election, Duffy asked for Ottawa-based living expenses on seven separate days when he was out of town. In total, in 2011 and 2012, Duffy made claims on 49 days he was not in Ottawa.

"It represents a pattern that raises concerns," the report

An independent audit by the firm Deloitte had raised the possibility that Duffy had been claiming expenses while not in Ottawa, but underlined that the senator had not provided them with adequate documentation and never met with auditors.

But the Conservatives in the Senate declared the matter closed shortly after receiving the audit, pointing to the fact that Duffy had repaid the \$90,000 in living expenses.

The matter blew open again, however, when it was revealed that the \$90,000 bill was actually paid with the help of the prime minister's then chief of staff Nigel Wright.

THE CANADIAN PRESS



It's the mayor's birthday and he'll ignore your questions if he wants to

The controversy around an alleged video appearing to show the mayor of Toronto smoking crack cocaine showed no signs of diminishing Tuesday as the leader of Canada's largest city sidestepped questions about a new twist in the scandal. The Toronto Star reported a police investigation was triggered after two of the mayor's closest staffers discussed how to handle a tip about the possible location of the alleged video. Their discussion reportedly came one day after reports of the video first surfaced on May 16. Ford was bombarded from morning until evening with questions on the scandal — he refused to offer any answers.



Full Hose Lottery is in support of the Broyal Alexandra Hospital Foundation and the University Hospital Foundation. 4,000 prizes valued at over \$6 million available with 50,609 titledes at \$100 sear. It 7,958 sets of 5 of \$250,4,57 sets of 5 for \$257,6 and 4,489 sets of 8 for \$525.0 Loyally draw April 2 rathy little braw May 22 to be held at Calder Stetman 10,241-1,09 Street, Edmonton, Final draws, June 17 – June 20, 2013 at the Coast Edmonton Plaza 10155-105 Street, Edmonton, with the final live draws occurring at 7,524 May Common WK, Edmonton, All prizes must be accepted as ewarded. All prizes may not be exactly as shown. Please visit fullhouse.ca for a complete list of rules and regulations. Must be 18 years of age or older to purchase. Tickets may only be purchased or sold within Alberta. Full House Lottery Licence 33 1499

metr⊕ 12 NEWS metronews.ca Wednesday, May 29, 2013

Fraud. Former CSIS watchdog head arrested

The former head of Canada's spy-agency watchdog, who received prestigious government appointments and was nearly honoured with a street in his name, has been arrested abroad on fraud charges.

Arthur Porter has been detained by Panamanian authorities, along with his wife Pamela, several months after Quebec police announced they wanted to charge him in connection with the province's ongoing corruption scandals.

The pair's arrest was announced in a statement Monday by Quebec's anti-corruption police watchdog, which said the operation was carried out with the help of the RCMP

Warning: Graphic content

Puerto Rico investigating animal abuse case

Authorities are investigating what they say is one of the worst cases of animal abuse



and Interpol. "Extradition proceedings are being undertaken," the statement said.

Porter became head of the Security Intelligence Review Committee two years after he was appointed to the watchdog by the Harper government in 2008. THE CANADIAN PRESS

they've seen in Puerto Rico: a puppy found alive with all four legs largely cut off, leaving exposed bone.

A veterinarian said the black mongrel puppy's bones were rotting and the infection was too severe to be treated. It was euthanized Sunday. THE ASSOCIATED PRESS

Jailed Canadian quietly released, nearly 6 years on



Saudi Arabia. Kohail was freed in December but family has kept quiet to allow the case to play itself out

A Canadian who was once condemned to death by beheading has been quietly released from a Saudi prison, after almost six years behind bars.

Documents obtained by The Canadian Press indicate that Mohamed Kohail was freed last December.

The documents from the Department of Foreign Affairs, obtained through the Access to Information Act, are redacted and do not indicate the circumstances under which Kohail was freed.

His story drew international attention in 2007. The ex-Montrealer was sentenced to death for his alleged role in a fatal schoolyard melee.

Brother's status

Mohamed's brother, Sultan Kohail, had been sentenced to 200 lashes and a year in prison for being an accessory to the crime, before his case was appealed.

He and a Jordanian friend were both ordered beheaded, by sword, for their alleged involvement in the killing of a 19-year-old in a brawl that began with an insult to a girl by Kohail's brother, Sultan.

The brothers have repeatedly said they were acting in self-defence and were not involved in inflicting the fatal wounds during the fight, which had involved dozens of teenagers.

The country's highest court overturned the death penalty for Mohamed Kohail in 2010. Both brothers remain in Saudi Arabia, awaiting news about any developments in their legal status. THE CANADIAN PRESS





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metronews.ca Wednesday, May 29, 2013



KARL-JOHAN PERSSON

The CEO of fashion retailer H&M speaks to Metro about pricey brands and Bangladeshi factory workers

THE BUSINESS OF CHEAP CHIC

GATA NOWICKA/ILLO.PL



ELISABETH BRAW Metro World News in Stockholm

Life is going swimmingly for Karl-Johan Persson, H&M's young, handsome CEO — despite the global recession, the cheap-chic chain is doing well. But the recent collapse of a garment factory building in Bangladesh has put H&M in the spotlight, even though the retailer didn't use the factories. Persson talks with Metro in an exclusive interview at H&M's headquarters in Stockholm.

Has the recession harmed H&M or has it instead benefitted you because people have turned to cheaper clothes?

When the whole apparel market diminishes it affects H&M as well, but at the same time I think more people discover H&M in times like these because they start questioning their clothing purchases. People want a good look with a good quality for a low price, and that's what H&M offers.

Last month a clothing factory collapsed and killed over

1,000 workers. Now H&M, the biggest manufacturer of clothes in Bangladesh, has signed an agreement where you agree to help your Bangladeshi suppliers pay for safety measures. Are the factories safe now?

The factory collapse was horrific, but our code of conduct bans use of factories in residential areas, so this was not an H&M supplier. But we've been working to improve conditions in Bangladesh for a long time. The major change with the agreement is that we join up with other buyers, with trade

Quote

"If you spot our top for \$15 and one elsewhere for \$150, people will think, 'These workers are much better paid.' But their pay is the same."

Karl-Johan Persson, CEO of retailer H&M

unions and with the government.

But isn't the problem that people want cheap clothes?

Then it never makes sense for a company to use better factories.

Yes, but it's a common misperception that cheap brands use certain manufacturers and expensive brands use others. We're one of 30 to 40 companies buying from many of our suppliers. The workers' pay is the same regardless of which company is buying. What's interesting is not the price of the clothing item but what the company does. Don't look at the prices. Maybe I sound cocky, but I dare promise that no apparel company in the

whole world does as much as H&M.

What does that look like for factory workers?

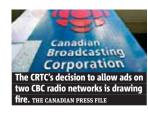
We've signed the new plan for building and fire safety in Bangladesh. And we demand that workers are paid the wages they should have. We're also involved in a social dialogue and educate workers about their rights. And we try to influence decision-makers. Recently I spoke with the Bangladeshi prime minister (Sheikh Hasina) about increasing the minimum wage.

Hell freezes over. Advertising coming to 2 CBC radio networks

The CBC has been given permission by the federal broadcast regulator to introduce ads on some of its radio networks, breaking a four-decade tradition of commercial-free service.

The change, contained in a licence renewal decision, will only apply to the public broadcaster's secondary radio networks, the all-music Radio 2 and its French-language equivalent, Espace Musique. Advertising will also be limited to four minutes every hour.

Friends of Canadian Broad-



casting called the decision a "serious blow" to public broadcasting and warned it will pave the way for advertising on the main radio networks.

THE CANADIAN PRESS

Market Minute





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Natural gas: \$4.22 (-2¢) Dow Jones: 15,409.39 (+106.29)

Domestic flights

Air Canada told to increase payouts for bumping

Air Canada has been ordered to boost the compensation paid to passengers it bumps from overbooked domestic flights. The Canadian Transportation Agency ruled the existing practice of paying \$100 cash or a \$200 travel voucher is unreasonable in cases that are not due to operational and safety reasons.

THE CANADIAN PRESS

Antitrust case. EU official says Google will have to make further concessions to settle complaint

The European Union's antitrust chief said Tuesday that Google will have to offer more changes to the way it displays search results to settle a pending case.

The period to examine Google's proposals has been extended by one month and his office will ask Google with "almost 100 per cent" certainty in June to do yet more, Joaquin Almunia told the European Parliament.

Google's search engine enjoys a near-monopoly in Europe with a market share of above 90 per cent.

The EU Commission, the 27-nation bloc's antitrust authority, has been investigating since 2010 whether Google is abusing its dominant market position. It pointed out areas of concern that Google is now trying to address through the proposed concessions. THE ASSOCIATED PRESS

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metr⊕ **VOICES**

CRACK SUMMER'S TO-DO LIST

If reading about Rob Ford has got you down, welcome to the Island of Sunny Sentiments, where the only thing we're thinking about today is where to go on our summer vaca-

In this, we're not alone. Across Canada, 5.2 million school kids are gazing out the window wondering the same thing.

Good idea, you're thinking. Anything beats another chapter of Ford Follies. Just one problem: too many choices. Once again, you've come to the right place. I'm an expert on Canadian getaways, having got to all of them except Newfoundland, which is always a bit out of reach.

To get you started, here are my top five Canadian summer vacation choices (in no particular order). Feel free to chime in anytime with your own. And don't forget to bring the beer.

Moraine Lake: Just 12.5 kilometres up (or is that down?)



Paul Sullivan

metronews.ca

the road from its more famous sister Lake Louise in the Alberta Rockies, Moraine is a jawdropping postcard-perfect lake surrounded by 10 majestic, snow-capped peaks. It is so jawdropping, it was once featured on the back of the \$20 bill, back when cash was cash and not plastic scented with a whiff of maple syrup.

Louisbourg: Parks Canada lists 167 National Historic Sites on its website. I haven't been to all 167, but the coolest I have been to is Louisbourg, the French fort on Cape Breton Island. The road to the fort is often shrouded in fog, so it's like travelling into the Twilight Zone to emerge 300 years in the past. In fact, this is Louisbourg's 300th birthday. Everything including the dinner menu is an authen-

tic replica of the days before bilingualism when New France was more than a plank in Pauline Marois' platform. Actors recreate daily life in the fort and you're so swept away you forget to check your smartphone.

The Beach: Every province has one or more than one legendary strip of sand: Wasaga, Cavendish, Grand, Rathtrevor, Balmy, Winnipeg, Regina, and the mother of all beaches: Long Beach in Tofino and Ucluelet. Really long: 25 kilometres from one end of Radar to the other end of Wickaninnish. It's hard to single out a favourite, but I'm determined to spend the rest of my days trying.

Niagara-on-the-Lake: The classic tourist trap, but so what? It's a miracle this bucolic place still exists, so close to ... you know. Everyone here conspires to lighten your wallet, but unlike the Canada Revenue Agency and the cable company, they make you happy to oblige. Goes with other places that feature fudge: Niagara Falls, Granville Island, Banff, Lunenburg, etc.

The cottage: I grew up in one. My job was to haul water from a nearby artesian well and gather kindling for the fireplace. Now "the cottage" often sports a three-car garage and an indoor pool. But it's essentially the same idea. Go someplace simple and stay there until you feel better. And don't forget to bring the bacon.



A few days ago I mentioned Sid Meier's Ace Patrol in this space and I've since gotten a number of emails from people who have fallen hard for the dogfighting sim. So for those readers and others who enjoy the game, here are some other excellent turn-based

Great Big War Game

If there's a must-have here, this is it. The gameplay is smooth, tactically tight and served up with a nice side of humour. The single-player campaign should give you about 40-hours worth of conquering, but the truest joy can be found in the online multi-player. (\$2.99/iOS and Android)

strategy games for mobile.

Crimson: Steam Pirates Halo developer Bungie has a pretty solid track record, and their swashbuckto it. Start with a small band of salty sea dogs and upgrade your way to a fleet of zeppelins and submarines. (Free/iPad)

Neuroshima Hex

A seamless version of a board game everybody should love, take a few spins learning the ropes of how to manage your hex-based armies and link their attacks before trying your hand at the inexhaustible supply of skilled players online. (\$4.99 iOS/\$3.18 An-

Ametropicks asked: Canada was named one of the best places to live. Why do you think it deserves a top spot?

@AjokeDare: minus the cold weather, Canada is a safe place filled with nice ppl from all over the world.

@TimWadephul: friendly, caring, passionate people are what makes . Canada great

@antinephalist: Because most of it

isn't run by Rob Ford yet.

@SamanthaHalyk: Canada because we have great health care, a diverse landscape from coast to coast and poutine #vum haha

@_EricaAshley_: Its gotta be the people, definitely can't be the weather. Gets to -40 and people still come back. #Winnipeg #Canada

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WE WANT TO HEAR FROM YOU: Send us your comments: edmontonletters@metronews.ca

ZOOM

Rolling on the floor owling



Friendship found in a dirty mop

This owl bears an uncanny resemblance to his new playmate, a mop, and thinks it is his sibling.

Lightning, a Siberian Eagle owl, got engrossed in the tool after spotting staff at the

Screech Owl Sanctuary in Cornwall, southwest England, using it. The three-month-old chick was born in captivity as part of a breeding program. Lightning's attraction may be comical, but it's important for the bird's development, according to his owner.

"Young owls, like

children, need this sort of playful enrichment when they are growing up and exploring the world," says Screech Owl Sanctuary head Carolyn Screech. "Everything is a big adventure, even this damp bundle of cleaning METRO

Sanctuary staff floored

"The owl digs his talons into the mop. jumps on it and rides it while we clean the floors."

Carolyn Screech. head of the Screech Owl Sanctuary

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metronews.ca Wednesday, May 29, 2013

The Robin Hood mentality is often a thief sleight of hand

Now You See Me. The latest altruistic bank heist film is breaking into theatres this weekend, but it's not the first movie to have been there



FOCUS

In just 12 minutes The Great Train Robbery tells the tale of a group of bandits who hold up a train and rob the passengers.

Made by Edwin Porter in 1903 it's been placed on the United States National Film Registry for its innovative use of composite editing, camera movement and on-location shooting.

It was one of the first narrative movies and it introduced moviegoers to the heist movie, a tradition that continues to this day.

This weekend Now You See Me presents an elaborate

Heist ethics

They are Robin Hood-style crooks, stealing money and giving it back to their audiences. The "steal from the rich to give to the poor" is a common theme in heist



crime story of a team of magicians - led by Jesse Eisenberg, Woody Harrelson and Isla Fisher — who abracadabra their way into bank vaults.

They are Robin Hood-style crooks, stealing money and giving it back to their audi-

The "steal from the rich to give to the poor" is a common theme in heist movies. Recently Tower Heist saw a rag tag group clean out a Bernie Madoff type in order to refund money to the people he swindled.

The Maiden Heist stars Christopher Walken as a museum security guard infatuated with the painting that gives the movie its name.

When it is announced that the artwork has been sold to a Danish gallery he's distraught - "Do you know how far away Copenhagen is?"- and ropes Morgan Freeman and William H. Macy into stealing the painting and two others so they can enjoy them together. Not exactly Robin Hood — they're stealing from the rich to give to

themselves - but their motives are artistically pure.

Not so pure are the reasons behind the heist in The Good, the Bad, the Weird an Asian take on the similarly named Sergio Leone spaghetti western.

It's a chaotic two-hour chase for a treasure map and then the treasure $\stackrel{\frown}{-}$ in 1930s wartime Manchuria between a bounty hunter (the Good, played by Jung Woosung), a leader of evil bandits (the Bad, Lee Byung-hun) and a train robber (the Weird,

Song Kang-ho).

Director Ji-woon Kim calls this a "kimchee western," after the national dish of Korea because the plot and film, like the people of Korea, he says, are spicy and vibrant.

The Good, the Bad, the Weird has a few laughs but A Fish Called Wanda's story of armed robbery is a full-on comedy crime caper.

It has a 96 per cent rating on Rotten Tomatoes and was named one of the greatest British films of all time by



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Crow is a little bit country, a lot of hard work

Sheryl Crow. Soak up the Sun singer shows she's not sitting around waiting for fame to come to her as she dives into a new musical challenge

For a couple of months now, Sheryl Crow has been loading her two young boys aboard a bus and taking off on a tour of country music radio stations around the United States.

She's visiting with DJs and programming directors, playing a few songs live, then hopping back on the bus to do it again a few hours down the road. It reminds her, fittingly, of a scene from Coal Miner's Daughter, the life story of Loretta Lynn.

'It really is like the scene where Doo zips up Loretta's dress and she runs in with her new acetate, her 45, and says, 'Here's my new record,' and she plays something on air, shakes a few hands and leaves," Crow said. "It really is a throwback to that and it's

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the most organic thing I've done in years.

The image is fitting. It was Lynn's handwritten note asking Crow to appear with the honky-tonk queen on the 2010 Country Music Association Awards that started this journey toward the genre for the 51-year-old singersongwriter. She has a single, Easy, at country radio and will release her first countryoriented album, Feels Like Home, on Sept. 10.

When Crow finished that performance with Lynn and Miranda Lambert, Brad Pais-

nent Services office near you 48-METIS (1-888-486-3847) ley met her backstage and beseeched her to come home to the format she really belonged in.

She'd had some success at country in the past, teaming with Kid Rock on Picture in

The song was a modest hit

One fly in that ointment has been persistent questions about her past relationship with ex-fiancé Lance Armstrona

Interview. She made brief remarks during an **Entertainment Tonight** interview when the doping scandal broke, but has not addressed it since — and says she

and even scored them a vocal event of the year nomination at the 2003 Country Music Association Awards.

Crow thought about it and Paisley's message took hold. But it meant she would have to change things up and embrace Nashville's country music culture. Eventually, he helped kick start the new record, suggested producer Justin Niebank and introduced her to songwriter Chris Dubois, who served as a co-writer and informal song editor. She changed her songwriting

tack, looking to match the more visceral, story-telling style of the genre.

And no one succeeds in country music without courting radio - thus the bus. Most of country music's biggest stars started that way and Crow - 20 years after releasing her first album, the five times platinum Tuesday Night Music Club - didn't see herself as exempt, no matter how many millions of albums she's already sold.

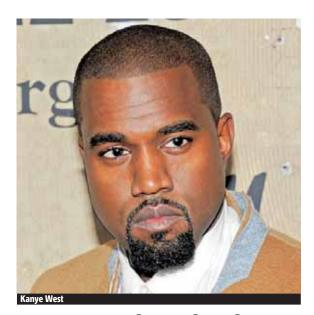
The first day of the radio tour she hit larger markets like Knoxville and Chattanooga in Tennessee, Atlanta, Orlando, and some privately owned stations in smaller towns, too. One day, three states. Welcome to country.

I say that it's fun, but it's the hardest thing I've ever done," Crow said. "Because sitting on the bus and only getting the gratification of only playing like a couple of songs, and then driving for two more hours and then getting to play a couple more songs. It's really hard, but it's great, you know? ... I've felt really embraced."

THE ASSOCIATED PRESS







Kanye loses battle of the Alamo

Kanye West's bid to project his video for New Slaves on the Alamo in Texas turned out to be a losing battle when it became clear he had no permit for the spontaneous event, according to MySanAntonio.com. West announced his intentions to use the landmark on his

website, prompting around 500 people — both fans and protesters — to turn up. But police got there first. A similar event in Houston was also shut down. "It's sad that people have such little respect for the Alamo," said a spokesman for the Texas General Land Office.

Bieber's reckless driving disturbing neighbourhood

Justin Bieber is getting on his neighbours' nerves once again, and this time it's because he won't slow down near his home.

The Canadian pop star was visited by the L.A. County Sheriff's Department in response to complaints about his reckless driving on the streets around his home, according to E! News. Police reportedly received numerous calls about the singer's driving on Monday alone, with many complaining



that his speeding endangers the lives of neighborhood children playing outside.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES



Did Katy Perry nudge **Pattinson** away from Stewart?

It looks like Katy Perry might have been behind Robert Pattinson's decision to call it quits with Kristen Stewart, according to Life & Style.

Perry, a pal of Pattinson's, reportedly told the Twilight star that he deserved better than Stewart after her affair with director Rupert Sanders came to light last summer.

"Katy never really supported Rob's decision to

get back with Kristen. She always said they wouldn't last," a source says. "Katy told Rob she didn't think their relationship could withstand the cheating scandal. And he deserved better than someone who would destroy a family (like Rupert's.)"

Since his breakup, Pattinson has been spotted out and about with Perry in New York and in Santa Barbara, where the pair hung out at a hotel and spied on a wed-ding rehearsal, according to People magazine.

They just sat together and watched," a source says. "They were not affiliated with the wedding party and were not seen mingling with guests.'

METRO WORLD NEWS



Amanda Bynes' must-read Twitter account

Apparently Amanda Bynes has even more to say about her arrest last week for drug possession and reckless endanger-

"I'm so offended by all of this but so proud to not be a drug or alcohol user. I'm suing NYPD for illegally entering my apartment, lying about drugs on me and lying about me tampering with non existent drug paraphernalia," she posted to Twitter over Memorial Day

weekend. "Then I'm suing for being put into a mental hospital against my will, then locked up overnight for coming home after a facial and working out with my trainer like the good girl that I am." Bynes is also looking to the future, with a possible new career in the works: "I'm getting in shape and getting a nose job," she posted. "I'm looking forward to a long and wonderful career as a singer/rapper.'





@mindykaling

I think I was the only person who ate food at the bba I was at today - and I'm fine with that - I just want everyone to know that I know.



@MARLONWAYANS

Haven't slept in weeks... Wtf???



@JonahHill

Willy Wonka's a dark movie. One kid drowns, one blows up and pops, one gets sucked into machinery and one gets turned into tiny particles!



@AmandaBynes pull it together dude.



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TRAVEL

metronews.ca Wednesday, May 29, 2013

The Jersey Shore isn't going to let a superstorm get in the way of its summer fun. A good portion of the area is not only open and ready, but the folks there are pushing new ways for you to experience it — from big clubs to dog-friendly beach bars.

DOROTHY ROBINSON



ELICKD. DIVEH IMAGES

A fist pump for the Jersey Shore



HANDOUT

HQ Beach Club/HQ Night Club at Revel

For those who like their summertime with a heavy dose of party, there's HQ Beach Club and HQ Nightclub, two new destinations at Atlantic City's newest casino, Revel. For night owls, the HQ Nightclub will host a revolving cast of high-profile DJs. And those who like their sunshine with a side of table service should try the HQ Beach Club, a luxe pool lounge with model servers offering bottle service for those relaxing on their daybeds or bungalows (reservations required).



Pier Village's Le Club Avenue

The Jersey Shore gets exclusive with the Avenue's Beach Club, located in Long Branch. The members-only club is family-friendly during the day but transforms into a more adults-only spot at night with cocktails, a full menu and open-air lounges complete with a rooftop pool. Membership prices range from \$3,000 to \$5,500; weekend passes are also available when capacity permits. Call 732-759-2900 for more information.



Beach Shack/Rusty Nail gets pet friendly

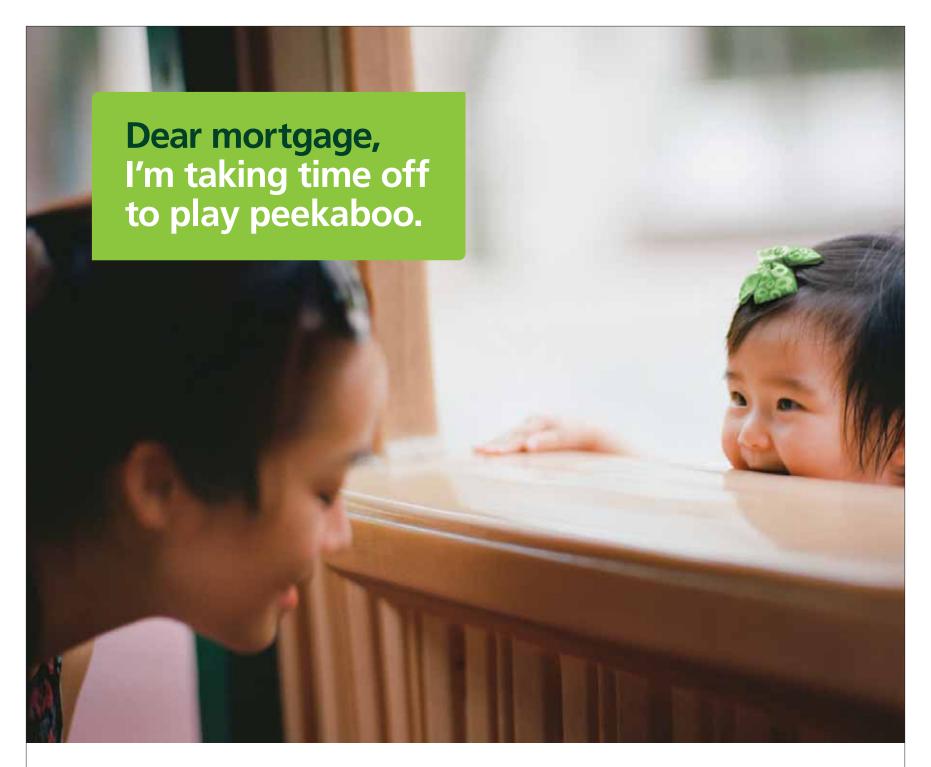
Going to the beach doesn't mean that your favourite furry friend has to stay home. The Beach Shack, Cape May's laid-back beachfront motel, is allowing dogs to stay overnight as well as to dine (from a new doggie menu) at popular beach bar the Rusty Nail. Rates for the Paw's Up package start at \$156 a night, which includes a \$35 a night pet fee.



Haven Nightclub

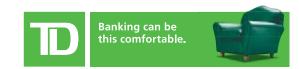
The Golden Nugget is making a big play in the nightlife market with the opening of its brand-new Haven Nightclub. The latest entry into the AC nightlife scene boasts a state-of-the-art DJ booth, LED video wall, dance floor, 25 banquettes offering signature table service and two full-service bars. Ke\$ha and Pitbull were on hand for the grand opening earlier this month.

HANDOU



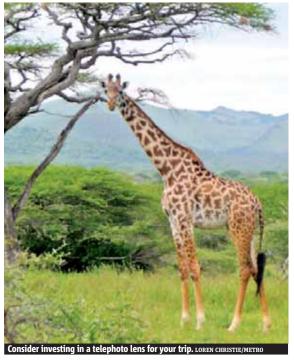
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metronews.ca Wednesday, May 29, 2013





How to get the most out of Kenya

Stress-free safari.

Careful planning ensures your trip of a lifetime doesn't turn into a trip to forget



ON THE MOVE Loren Christie life@metronews.ca

I recently returned from an

incredible week-long safari in Kenya. There were moments that literally rendered me speechless — riding horseback amid a journey of adult and baby giraffes, sitting next to a Maasi warrior while we shared a bush breakfast overlooking the savannah and watching 13 lions (half a pride) dig into their own breakfast of cape buffalo. If you are ready to plan this once-in-a-lifetime experience, consider the following:

Book with a reputable tour operator accredited by KATO

(Kenya Authorized Tour Operators). They will handle all the logistics of your trip. You can choose from a pre-set itinerary or ask them to customize a trip for you. I recommend sampling different areas of the country. In one week I visited the Maasi Mara National Reserve, which brought to life that postcard image of Africa with every imaginable animal from lions to zebras roaming the vast plains; Mt. Kenya, an area beloved by American actress and conservationist Stefanie Powers

and spent two nights at the ol Donyo Lodge nestled below the Chyulu Hills, where we were treated to some of the best hospitality I have ever experienced. I'll never call a pre-dinner drink anything but a sundowner again!

Request that your trip include some time in one of the conservancies. Unlike the national parks, which are run by the government, a conversancy is less restrictive on off-road exploring and a portion of the entrance fees collected go back

to local communities.

The most popular time to go is during the great migration, which means the end of June to the end of September. During that period you are pretty much guaranteed to see an incredible number of animals as well as a large number of tourists.

December and January are the warmest months. The wet months of March, April and May are considered the low season, although we had almost no rain on our trip, the temperature was in the mid-20s and it felt like we had the country to ourselves.

When building your budget, a good rule of thumb is \$500 per person per day to cover lodging, food and drink, safaris, park entrance fees, guides and tips. You could of course spend more depending on how up-scale you want to go on your accommodations. Make sure to allocate some money to a quality camera with a telephoto lens, even if you just



metronews.ca Wednesday, May 29, 2013 **FOOD**

Ooh la la worthy French Toast

French toast is synonymous with breakfast or brunch and this warm weather version is a must try.

With its three golden slices of egg loaf topped with caramelized bananas and sliced strawberries finished with maple cream sauté, it's simply delicious.

- 1. To make French toast batter: Combine 1 cup of the cream, egg and spices in stainless steel bowl. Whisk thoroughly until smooth.
- 2. Dip each slice of egg bread for about 5 seconds in batter, then place im-mediately on lightly oiled griddle on medium heat.
- **3.** Cook for approx. 2 minutes, then flip over and continue cooking until both sides are golden brown.
- 4. To make sauce: toss banana and brown sugar together in bowl. Add to small pan on medium heat with a small amount of butter. Cook until sugar begins

Ingredients

- 1 1/2 cups (360 ml) 35%
- 1 egg
- 1 tsp (5 ml) cinnamon
- 1 tsp (5 ml) nutmeg
- 1 tsp (5 ml) allspice
- 12 egg bread slices
- 1 banana, thinly sliced • 1 tbsp (15 ml) brown sugar
- 2 tbsp (30 ml) pure maple
- 5 strawberries, thinly sliced
- Icing sugar, for dusting

to melt and bananas are a nice golden colour.

- 5. Reduce heat to low and add maple syrup. Keep the pan moving to ensure sugars don't burn.
- **6.** Once syrup is bubbling, remove pan from heat and add remaining 1/2 cup of cream. Lightly stir until all ingredients come together. Keep warm.
- **7.** Place 3 pieces of French



toast on a plate and top with generous amount of sauce. Garnish with sliced

strawberries and dust with icing sugar.

CHEF BRYAN JUREK OF PRIME PUBS'

FAMILY OF PREMIUM PUBS, WHICH INCLUDES FIONN MACCOOL'S AND D'ARCY MCGEE'S.

Drink of the Week

Chocolate Almond Banana Smoothie

Give your morning or afternoon snack a bit of a kick-start with this cool and refreshing shake.

- 1 bottle (about 1/1/2 cups/ 350 ml) chocolate almond milk
- 1 medium banana, broken into
- 1/2 cup (120 ml) ice cubes
- 2 tbsp (30 ml) almond butter
- 2 tbsp (30 ml) soy protein

Combine all ingredients in blender and puree until very smooth. Pour into 2 tall glasses and garnish with bananas if desired.

NEWS CANADA/ ALMONDBOARD.COM



Let the garden inspire you: Skillet Eggs with Fontina

Serve breakfast inspired by a walk through the garden.

This recipe began with the idea of egg-in-a-hat - sometimes called egg-in-a-basket or a Popeye — in which an egg is cracked into a hole cut in the centre of a slice of bread.

The whole thing is pan-fried, usually just until the white is set and the yolk remains liquid. The idea is that as you eat it, the yolk breaks and soaks the toast with a warm, creamy

Instead of toast, use the same idea with a bed of vegetables by sautéing a vegetable hash, then nestling eggs into the centre of it. To amp the flavour, toss in some prosciutto and cheese. The result is not only beautiful, but also healthy and satisfying.

1. In a large nonstick skillet over medium, heat the olive oil. Add the prosciutto and onion and saute until the onion is tender, about 5 minutes. Add the Swiss chard and zucchini and cook for another 5 to 6 minutes, or until the vegetables are tender and beginning to brown.

2. Add the tomatoes and season with salt and pepper. Stir well, then arrange the vegetables in an even layer. Using a spoon, create 4 wells in the vegetables, each about 2 inches across. Crack an egg into each well. Cover the skillet and cook until just shy of desired doneness, about 3 to 4 minutes.

3. Sprinkle the cheese over the vegetables and eggs, then cover and cook for another minute. Use a spatula to transfer half of the vegetables and 2 eggs onto each plate.

THE ASSOCIATED PRESS

- 1 tbsp olive oil
- 2 slices prosciutto, chopped • 1 small red onion, chopped
- 2 cups chopped Swiss chard
- (preferably rainbow)
- 1/2 small zucchini, finely chopped
- 1/2 cup halved cherry or grape tomatoes
- Salt and ground black pepper
- 1/2 cup grated fontina cheese

Breakfast on the go. French Toast Fingers



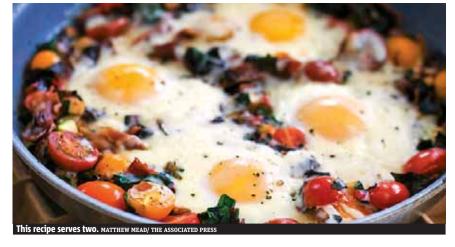
- **1.** In a small bowl, whisk eggs, orange rind and juice;
- 2. Match 4 pairs of bread slices. With 2 slices stacked on top of each other, trim crusts from each pair (reserve crusts for another use or discard). Spread 15 ml (1 tbsp) jam on 1 slice of each pair; place second slice on top. Cut each sandwich into 3 even strips. Dip sandwiches into egg mixture, flipping to coat both sides.
- Spray large non-stick skillet or griddle with cooking spray. Heat skillet over medium heat.

4. Cook sandwiches on both sides until golden brown, about 2 minutes. Dust with icing sugar and serve with maple syrup for dipping, if desired.

THE CANADIAN PRESS/ EGG FARMERS OF

Ingredients

- 2 ml (1/2 tsp) grated orange
- 30 ml (2 tbsp) orange juice
- · 8 slices whole-wheat bread
- 50 ml (1/4 cup) low-sugar strawberry jam
- Icing sugar and maple syrup (optional)



metronews.ca Wednesday, May 29, 2013

Disconnect from your desk at day-end

At the end of last year, the number of smartphones used around the world reached a colossal one billion. For businesses, the perks of technology advancements are endless. This is the case most of the time for consumers as well. However, with the world at your fingertips 24/7, it's easy to feel like you always need to be connected — especially when starting a new job. SO how do you leave work at work when it follows you home every day in the form of a mobile device?

MEGHAN GREAVES

Speak up

It's likely that the person contacting you in the evening or on weekends has no comprehension of how you spend your time outside of work. If there seems to be a common denominator when it comes to who's seeping into your "you" time, talk to them about it! Simply ask them to hold off on sending work-related emails during non-work hours unless it's truly urgent. Most people will understand.

Step outside yourself

Take a moment to see how others may feel about your smartphone habits. Whether it's your friend, parent or child, no one likes the feeling that you're prioritizing your attention to your device over them. So drop the phone and focus your attention on what really matters in that moment.

Learn to separate the importance of notifications

When you hear your phone go off, you likely go into a thought process that consists of: I wonder who that is? I wonder what it's about? I wonder if it's important? I wonder if I should check that? And so on. But not every alert is an urgent matter. Chances are, if it's something truly earth-shattering, the person trying to reach you will do so by calling.



Let go of the guilt

When you don't respond within a prompt time frame (for many people, that means immediately), you may feel like you're slacking. The truth is, unless you're being paid to be on the clock at all times, you're allowed to have work-free time.

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Eyes on the wise

A guide to being guided. To make a search for your mentor successful, you must look for who you could learn the most from

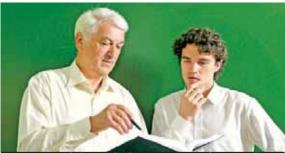
RACHEL MCKEE

Sometimes a boost can be just what you need to jump-start your career, and finding a mentor is one great way to do that.

The mentor-mentee relationship is a precious one. A mentor can coach you in your chosen field and open up a whole variety of new opportunities to you while you also keep your teacher abreast of more recent developments you've learned as a young person in your industry.

What to do once you've met a potential mentor

1. Ask for advice, not mentorship: How you start a mentormentee relationship? Ask your



Prepare your ponderings: Don't ask your mentor a ton of questions all at once and try to keep the ones you do ask as succinct as possible.

potential mentor for advice about something rather than making the overly-formal request of "Will you be my mentor?" With any luck, your relationship will blossom from there.

2. Stay in touch: Once you've met a potential mentor, hopefully you will have had the chance to get their contact details. Send them an email saying how great it was to meet them and recall an interesting part of your conversation to signal to them that you were listening and you were engaged

in what they were saying.

3. Ask them questions, but don't bombard them: A good mentor wants to help you, but you shouldn't take advantage of their good nature. They are probably a very busy person and while they likely want to answer your questions, they may not have a whole lot of time to do so.

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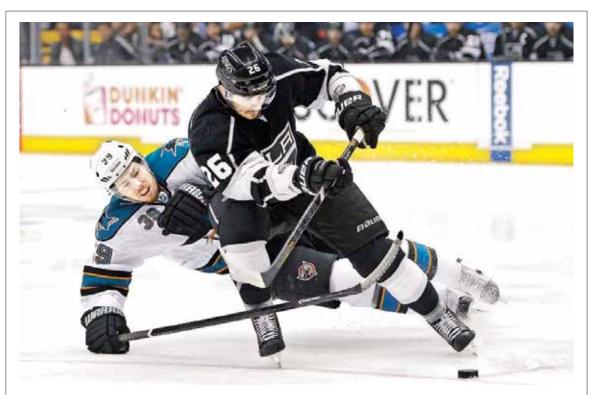


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metronews.ca Wednesday, May 29, 2013 **SPORTS**



Kings reign supreme in West Coast showdown

Kings defenceman Slava Voynov steals the puck from the Sharks' Logan Couture during Game 7 of their Western Conference semifinal series on Tuesday night in Los Angeles. Justin Williams scored two goals in the second period, and the Kings advanced to the Western Conference final with a 2-1 win.

More sorrow for Jays' sore Morrow

MLB. Starting pitcher unable to shake discomfort in forearm as Braves go on attack and win in extra inning

It didn't take long to realize there was something wrong with Brandon Morrow.

His velocity was down, his slider wasn't working and the opposing team was taking advantage. Through two laborious innings Morrow was tagged for four runs, two earned, before the Toronto Blue Jays yanked their starting

The Braves then went to work on Toronto's bullpen, which gave up three home runs. Brian McCann hit a pair of homers - including a tiebreaking solo shot in the 10th inning — as Atlanta edged the Blue Jays 7-6 on Tuesday after-

Morrow said his right fore-



arm has been sore since his last appearance. There's no pain, just a lingering discomfort that hampered him on the

"It wasn't explosive, the ball wasn't coming out of my hand really well," he said. "It was just like there wasn't anything in there.

Morrow's day was done

after 47 mostly off-speed pitches. His fastball has averaged 93.6 m.p.h. this season according to FanGraphs, but dipped during the game to 91.

Morrow said he plans to let the forearm rest and still expects to make his next start Sunday in San Diego.

With Morrow gone, the Blue Jays turned to reliever

"It's part of baseball. You deal with it."

Blue Jays manager John Gibbons on the injuries his players have sustained

Ramon Ortiz for three innings. Ortiz held on until giving up back-to-back homers by Evan Gattis and McCann that gave Atlanta a 6-4 lead.

The bullpen rebounded for Toronto (22-30) with scoreless innings from Aaron Loup, Brett Cecil and Steve Delabar. But in the 10th inning, Mc-Cann turned on the second pitch from Thad Weber (0-1) for his first multi-homer game of the season and the ninth of his career.

After the game, Weber was optioned to triple-A Buffalo, Ortiz was designated for assignment and the team announced closer Casey Janssen had been held out of the game with mild soreness in his shoulder.

THE CANADIAN PRESS

NHL

Roy, Sakic look for Stanley Cup hat trick with Colorado

The Colorado Avalanche introduced Patrick Roy as their new coach Tuesďay. The 47-year-old Roy joins



forces with former teammateturnedexecutive Joe Sakic to fix a squad

that's missed the playoffs three straight seasons. Roy and Sakic helped the Avs to Stanley Cup titles in 1996 and 2001.

"Joe and I had an opportunity to be part of something in the past," Roy said. "I think we're going to be part of something special in the future. THE ASSOCIATED PRESS

NFL

Congress members: Change 'Skins name

Ten members of U.S. Congress are urging the Washington Redskins to change their name because it is offensive to many Native Americans.

The representatives said Tuesday they've sent letters to Redskins owner Dan Snyder, NFL commissioner Roger Goodell, Redskins sponsor FedEx and the other 31 NFL franchises.

THE ASSOCIATED PRESS

NBA playoffs

Pacers draw even with Heat

Roy Hibbert had 23 points and 12 rebounds, Lance Stephenson added 20 points, and the Indiana Pacers charged back late to beat the Miami Heat 99-92 on Tuesday night and tie the Eastern Conference finals at 2-2.

LeBron James led the Heat with 24 points before fouling out with 56 seconds to go. Mario Chalmers had 20 points on a night the defending NBA champs failed to take command of the series.

The Pacers started fast and spent the rest of the night trying to fend off Miami's continual come-

THE ASSOCIATED PRESS

Whitfield's mixed emotions on return to mixed discipline

One foot out the door.

Golden boy triathlete from 2000 Olympics close to calling it a career

Olympic triathlon champion Simon Whitfield isn't ready to officially retire just yet.

The 38-year-old from Kingston, Ont., said Tuesday that he considers himself "semiretired," and there's just a "10 per cent" chance he'll return to

full-time racing.

"I'm leaving the door open simply because I don't want to pull a Brett Favre and say I'm done and then come back,' Whitfield said at a Toronto Triathlon Festival news conference. "Maybe I just haven't come to terms with saying 'Fully retired,' so I'm putting



career Olympic competition as Canada's flag-bearer in London last summer but suffered a broken collarbone in a bike crash during the triathlon. TORSTAR NEWS SERVICE

semi in front of it to give myself

Whitfield said although he's currently training at less than 50 per cent, he could still de-

cide to race. But where it would normally take him 12 weeks to prepare for a competition, Whitfield said he'd likely need between 16 and 20 weeks to ensure he's able to cover a triathlon's 1.5-kilometre swim, 40-kilometre bike ride and 10-kilometre run at a high level.

Trouble is, that would also mean being away from his wife, Jennie, and their two daughters, Pippa and Evelyn.

"My family is my priority now and spending more time with them," Whitfield said. "I know what it takes to be at that top level and I really didn't like when people downplayed how much it took, so now for me to do both is very difficult.'

"If I can find a place where I can balance it then I'll do that. Right now I can't so I'm not going to.'

THE CANADIAN PRESS

EAST DIVISION



Bluenosers bask in CHL glorv

Halifax Mooseheads assistant captain Trey Lewis, left, carries the QMJHL championship President Cup trophy alongside teammate Stefan Fournier carrying the Memorial Cup through the Grand Parade on Tuesday in Halifax. The Mooseheads won the Memorial Cup on Sunday night with a 6-4 win over the Portland Winterhawks in Saskatoon, 1EFF HARPER/METRO IN HALIFAX

Grappling for position

Wrestling leader confident of Olympic return

As the man leading wrestling's charge to preserve its Olympic status, Nenad Lalovic believes he's done what it takes.

Three months after wrestling was surprisingly dropped from the 2020 Games, Lalovic will present a new-look sport and revamped governing body to the IOC on Wednesday in a bid to keep its Olympic

"I'm confident," Lalovic, the new president of international federation FILA, said Tuesday. "A lot of people say to me, 'Oh, you won't face any problem here,' but we'll see. We did everything we could. Nothing else was possible."

Wrestling is competing against a combined baseball-softball bid, karate, roller sports, sport climbing, squash, wakeboarding and the Chinese martial art of wushu for a single opening on the 2020 lineup. THE ASSOCIATED PRESS

NHL PLAYOFFS

CONFERENCE SEMIFINALS

(Rest-of-7 series: All times Fastern)

EASTERN CONFERENCE

PITTSBURGH (1) VS. OTTAWA (7) (Pittsburgh wins 4-1)

BOSTON (4) VS. N.Y. RANGERS (6)

WESTERN CONFERENCE

CHICAGO (1) VS. DETROIT (7)

(Series tied 3-3) Monday's result

Wednesday's game Detroit at Chicago, 8 p.m.

LOS ANGELES (5) VS. SAN JOSE (6)

(Series tied 3-3) Tuesday's result

San Jose at Los Angeles **SCORING LEADERS**

	G	Α	Pt
Krejci, Bos	5	12	17
Malkin, Phg	4	12	16
Letang, Phg	3	13	16
Crosby, Phg	7	8	15
Horton, Bos	5	7	12
Tuocday's game not inc	hobul		

NBA PLAYOFFS

CONFERENCE FINALS

(Best-of-7 series; All times Eastern)

EASTERN CONFERENCE

MIAMI (1) VS INDIANA (3)

(Miami leads 2-1) Tuesday's result

Miami at Indiana

Thursday's game

Indiana at Miami, 8:30 p.m.

WESTERN CONFERENCE

SAN ANTONIO (2) VS MEMPHIS (5)

(San Antonio wins 4-0) Monday's result San Antonio 93 Memphis 86

MLB

AMERICAN LEAGUE

EAST DIVISION				
Boston New York Baltimore Tampa Bay	W 32 30 28 26 22	L 21 20 23 24 30	Pct .604 .600 .549 .520	GB 1/2 3 41/2 91/2
CENTRAL DIVISIO	N			
	W	L	Pct	GB
Detroit	29	20	.592	_
Cleveland	27	23	.540	21/2
Chicago	24	25	.490	5
Kansas City	21	28	.429	8
Minnesota	20	28	.417	81/2
WEST DIVISION				
	W	L	Pct	GB
Texas	32	20	.615	_
Oakland	29	23	.558	3
Los Angeles	23	28	.451	81/2
Seattle	22	29	.431	91/2
Houston	15	37	.288	17
Tuesday's results				

Atlanta 7 **Toronto 6** (10 inn.) Philadelphia 3 Boston 1 St. Louis 4 Kansas City 1 Colorado 2 Houston 1

Chicago Cubs at Chicago White Sox, ppd. Pittsburgh at Detroit

Miami at Tampa Bay San Francisco at Oakland San Diego at Seattle Monday's results Toronto 9 Atlanta 3

St. Louis 6 Kansas City 3 Houston 3 Colorado 2 (12 inn.)

Tampa Bay 10 Miami 6
Oakland 4 San Francisco 1
Seattle 9 San Diego 0
Chicago Cubs 7 Chicago White Sox 0 Detroit 6 Pittsburgh 5 Roston 9 Philadelphia 3

Boston 9 Philadelphia 3
Wednesday's games — All times Eastern
Washington (Zimmermann 8-2) at Baltimore (Tillman 4-2), 7:05 p.m.
NY. Mets (Hefner 0-5) at N.Y. Yankees
(Phelps 3-2), 7:05 p.m.
Cincinnati (Arroyo 5-4) at Cleveland
(Masterson 7-3), 7:05 p.m.
Arizona (McCarthy 2-3) at Texas (Grimm
4-3), 8:05 p.m.
Milwaukee (Estrada 4-2) at Minnesota
(Deduno 0-1), 8:10 p.m.
L.A. Dodgers (Capuano 1-3) at L.A. Angels
(Weaver 0-1), 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION				
	W	L	Pct	GB
Atlanta	31	20		_
Washington	26			5
Philadelphia	25			61/2
New York	19			$10^{1}/_{2}$
Miami	13	38	.255	18
CENTRAL DIVISION				
	W	L	Pct	GB
St. Louis	34	17	.667	_
Cincinnati	32	19	.627	2
Pittsburgh	31	20	.608	3
Chicago	20	30	.400	131/2
Milwaukee	19	30	.388	14
WEST DIVISION				
	W	L	Pct	GB
Arizona	30	22	.577	_
San Francisco	28	23	.549	11/2
Colorado	28	24	.538	2
San Diego	22	28	.440	7
Los Angeles	21	28	.429	71/2
Tuesday's results				
Baltimore at Washingtor	1			
Cleveland at Cincinnati				

Cleveland at Cincinnati N.Y. Yankees at N.Y. Mets Minnesota at Milwaukee L.A. Angels at L.A. Dodgers

Monday's results Cincinnati 4 Cleveland 2 N.Y. Mets 2 N.Y. Yankees 1 Minnesota 6 Milwaukee 3 Baltimore 6 Washington 2 Arizona 5-5 Texas 3-4 L.A. Dodgers 8 L.A. Angels 7

L.A. Dodgers 8 L.A. Angels 7
Wednesday's games — All times Eastern
Chicago White Sox (Danks 0-0) at Chicago
Cubs (Feldman 4-4), 2:20 p.m.
Boston (Lackey 3-4) at Philadelphia
(Kendrick 4-3), 7:05 p.m.
Detroit (Sanchez 5-4) at Pittsburgh
(Burnett 3-5), 7:05 p.m.
Toronto (Rogers 1-2) at Atlanta (Medlen
1-5), 7:10 p.m.

1-5), 7:10 p.m.
Tampa Bay (Hernandez 2-5) at Miami (Koehler 0-2), 7:10 p.m. Kansas City (Mendoza 1-2) at St. Louis (Lynn 7-1), 8:15 p.m.

Houston (Bedard 0-2) at Colorado (Chat-HOUSTON (Bedard 0-2) at Colorado (Cha wood 3-0), 8-40 p.m. Seattle (Saunders 3-5) at San Diego (Stults 4-4), LOI p.m. Oakland (Millone 4-5) at San Francisco (Lincecum 3-4), 10:15 p.m.



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Soak up the 2014 Kia Sorento

Review. New Sorento will satisfy as its DNA has been upgraded

MALCOLM GUNN

The new 2014 Kia Sorento really depends on how you look at it, or more correctly, where you look at it.

Kia's current design renaissance encompasses the streetwise Soul and Sportage wagons as well as the Optima and Rio sedans. You can also place the current-generation that was launched for 2011 on that list. The lines are so right on the money in terms of contemporary style and carrying capacity that there was no point in monkeying around with the mid-sized wagon's looks.

Surprisingly, however, just about every other part of the Sorento's DNA has been altered, redesigned, or otherwise enhanced, kind of like when Peter Parker was bitten by the spider to become Spider-Man. Same kid on the outside, but better reflexes and more power. For 2014, Kia has mounted the Sorento on a platform that's identical to that of parent Hyundai's five-passenger Santa Fe Sport. Kia claims the new structure is stiffer than the 2013 version; attached to that is a stouter sub-frame that holds the powertrain more firmly.

There's also a new independent front suspension, while a more compact rear suspension aids interior space and restricts noise and vibrations from entering the cabin.

The Sorento's hydraulic power-steering system has been exchanged for a more efficient electric unit that features Comfort, Normal and Sport settings, depending on your desired level of steering firmness.



- Type. Four-door, front-/allwheel-drive wagon
- Engines (hp). 2.4-litre DOHC I4 (191); 3.3-litre DOHC V6
- Transmissions. Six-speed automatic
- Base price (incl. destination) \$28,500

Design

For 2014, the Georgiabuilt Sorento receives a minor nose tweak, including the ubiquitous mesh-style grille, updated headlights and optional fog lights, plus new tail light lenses. Otherwise the silhouette remains basically the same.



Engine

Under the hood, the 191-horsepower 2.4-litre four-cylinder with direct injection (fuel is sprayed under very high pressure directly into the combustion chambers instead of the intake manifold) carries on with its baseengine duties.

Kia's design team also took care of business on the inside, installing a new instrument panel and centre control stack with easier-to-find buttons and knobs. As before, Sorento can accommodate up to seven passengers with the optional third-row seat, but there's precious little legroom in back and

equally scarce stowage room when loaded to the max with passengers. There is a solution if a more comfy back row is a must, but it requires visiting your Hyundai dealer to scope out the extended-wheelbase version of the Santa Fe.

For 2014, Kia is holding firm to the same LX, EX and SX trim levels. At the top, the SX model does its best to coddle passengers with a wood-trimmed interior with ventilated soft leather-covered seats on the inside, while self-leveling headlights and exclusive 19-inch wheels are installed outside.

Options include a power liftgate, panoramic sunroof, advanced voice-activated communications, infotainment and navigation controls (incorporating an eight-inch touch-screen) and a blind-spot monitoring system that constantly tracks vehicles in the immediate vicinity and issues an audible and visual alert should any get too close.

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Second gear.

Hyundai Genesis Coupe 2010-2012

PRITCHARD

The Genesis Coupe launched for the 2010 model year and recalled Japanese rear-drive sports cars from the '90s - even though it was Korean. Sleek styling, affordable performance and real performance-car moves all helped put Hyundai on the sports-car map.

Feature content included push-button start, navigation, Brembo brakes, a Limited Slip Differential (LSD), navigation, and an Infinity audio system.

Common Issues

Check for proper operation of the air conditioner, all windows, all power seats and all remote key fobs. Have a good walk-around of the body, inspecting for misaligned panels, particularly where the hood and fenders meet. Many owners have reported that tightening up a few bolts, particularly the ones that hold the seats to the floor, stops rattlerelated issues as the car ages. The push-button start system should fire the engine up the instant it's pressed. Any delay or sporadic operation could



indicate a problem with the switch. Clunking or grinding noises from the suspension or steering typically indicate a problem. Be sure there are no check-engine lights, no grinding sensations during gear shifting, and that there's no smoke coming from the tailpipe during hot or cold idle — or during hard acceleration. Improper execution or installation of non-factory-approved upgrades could cause expensive issues—so opt for a non-modified example of a Genesis Coupe where possible for maximum peace

What owners like

Handling, style and overall performance and affordability are rated highly by Genesis Coupe owners in this generation. Despite its two-door configuration, this sports car is also surprisingly roomy in terms of front seat

What owners dislike

shifter, too.

Common gripes include limited rear visibility, poor gas mileage with the V6 engine, and the wish for some richer interior materials. Many owners wish for a more precise-feeling

horsepower, or the sporty

Engine

All models were rear-wheel drive and had a six-speed transmission in the driver's choice of automatic or manual. Engine options were a '2.0T" two-litre turbo four-cylinder with 210

3.8 litre, 306-horsepower V6

found on models with the

'3.8GT" designation.

The verdict

So far, the Genesis Coupe appears to be a safe buy in a used sports coupe. The most commonlyreported issues thus far are minimal in nature and easily identified and remedied.

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metronews.ca Wednesday, May 29, 2013

The good and bad guys of insurance

Autopilot. Heroes and villains: A big money fraudster who bit off too much and those kind people who left letters on my car



AUTO PILOT Mike Goetz drive@metronews.ca

There's been lots of talk recently about the high cost of vehicle insurance. A report by the Fraser Institute concluded that provinces with "government insurance monopolies" tend to have higher premiums than provinces with "private sector, competitive markets."

But Ontario has the highest premiums of them all—higher than provinces with so-called insurance monopolies. If the Ontario NDP gets its way, the Ontario Liberal Government will include some insurance cost reform in its

soon-to-be-tabled Budget.

Through the Insurance Bureau of Canada (IBC) the private insurers have just mounted a public campaign, to explain the Ontario discrepancy. Its argument, backed by the Fraser Report, is that most of the money is going to the wrong places—hidden legal fees, fraud, and excessive assessments by forprofit medical facilities.

One criminal outfit called "Project 92" was estimated to bill \$25 million in fraudulent insurance claims. Its ringleader, now behind bars, staged fake accidents and had corrupt accomplices in every link of the repair and medical chain, who over-billed for everything.

When vehicles come together in noisy and expensive ways, it's not always the worst in people that shows up; sometimes it's the best. At least that's been my experience.

Over the years I've had three parked cars that have been hit by somebody when I wasn't around, and in every Mechanical chivalry

"When vehicles come together in noisy and expensive ways, it's not always the worst in people that shows up; sometimes it's the best."

instance, they left a note, and eventually made proper restitution.

The most memorable of these occasions was the latest one, involving the guy that delivers our morning paper in his old van. I guess on that fateful morning he jumped out of his van without first putting it into "park." It went down the street, driverless, first careening off our Mazda6, then settling into a Hyundai Sonata owned by my neighbour Tim.

When Tim and I went out in the morning, we both found notes on our cars, just listing a phone number to call about the damage. My left mirror was gone, and a fender was creased. Tim's car was a bit worse.

I eventually got hold of his teenage son, who explained that his father, being a recent immigrant, couldn't speak English too well. Both of them would come around on Saturday to make arrangements. I offered to call my insurance company. Maybe he just could pay the deductible? I was a bit worried that his body shop of choice might not do the job as properly as my body shop of choice.

He said I should not worry at all about getting my car fixed, or getting it fixed properly, because his father was a very honest man. I distinctly remember how he said all this. He said it slow and with no inflection, like he wasn't trying to sell me anything, just stating a fact.

The cars were fixed promptly and properly. I can't imagine how many days delivering newspapers it took to pay a body shop to fix both cars that way, but probably a few.





†Coverage begins from the original new retail sale date and covers 7-years/140,000-kilometres, whichever comes first. ‡0.9% APR only for well-qualified buyers; not all buyers will qualify. Amount of down payment and other factors may affect qualification. 0.9% APR available on all models and all qualifying model years immediately preceding the date of this advertisement, or newer) for up to 2-month terms. Based on a representative example of \$15,000 financed at 0.9% over 24 months equals monthly payment and, where applicable, PSPS and other dealer carries are extra and may be required at time of purchase. Finance on approved credit for qualified customers only. Offer subject to thange will be carried to the payment, and, where applicable, PSPS and other dealer complete detailed at time of purchase. Finance on approved credit for qualified customers only. Offer subject to thange will be carried to the payment, and, where applicable, PSPS and other dealer complete detailed at time of purchase. Finance on approved credit for qualified customers only. Offer subject to thange will be carried to the payment, and the payment and the paymen

metronews.ca Wednesday, May 29, 2013

Parts Department

WHEELBASE MEDIA

Relax while tailgating

It's amazing what sort of stuff can be made from old or discarded vehicle parts. For example, Yesterday Reclaimed, a Virginia-based company founded by transplanted Manhattan dweller Roque Castro, produces furniture from a variety of recycled items. For gearheads in general, and especially for lovers of old pickup trucks, there's a line of "Blue Collar Benches" made from discarded tailgates. The example here uses one from a GMC pickup for a seat back, some antique barn wood for the arms and base plus old steel tubing for the legs. Blue Collar Benches sell for \$1,000 US, but you can have one built to order from yesterdayreclaimed.



Out-of-the-box thinking

Most people who work on cars or other machinery usually carry a variety of wrenches, screwdriv-



ers and other tools wherever they go. To do this, a handy tool tote is required and The Best Made Co. has designed a unique Front Loading Toolbox that makes the accessibility part particularly easy. Once the latches are opened, the front side opens out to reveal your tools and other equipment. It's not necessary to remove the top tray to get at your gear stored beneath it. The hand-fabricated U.S.-made box is powder-coated in classic red and comes with a heavy-duty handle on top and one on each side. The Front Loading Toolbox sells for \$90 US and can be ordered at bestmadeco.com.

Wheels for retro rides

You can set your contemporary or classic car apart from the crowd with a cool set of wheels from California-based Vision Wheel. For example, the 34-year-old company offers a selection of 14 different styles in its American Muscle Legend sub-category. Shown here is the Torque model, the newest member of the series, that comes in gunmetal painted finish with a machined lip, plus an optional spinner-style cap. The Torque wheels are available in 15, 18 and 20-inch diameters with suggested

retail prices ranging from just \$80 to \$186 US per wheel. Check out the complete range of Vision wheels at vision wheel.com.

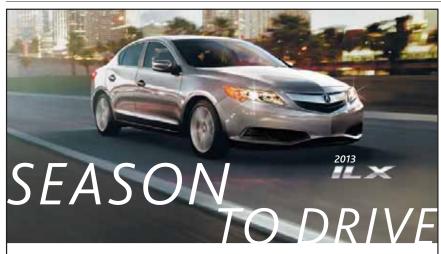


Helmet of the stars

The For all you Formula One nerds out there Memento Exclusives of Great Britain sells anything from racing memorabilia to actual retired F1 racing cars (\$150K+). However for



something a bit more reasonably priced that won't require an extra spot in your garage, you can select from a limited number of helmets actually worn by the drivers. For example, this original Michael Schumacher model dates back to 1994 when he won his first of seven Formula One world-driving titles driving for the Benetton team. Schumacher's signature is on the visor. Asking price? About the equivalent of \$17,600 US, but the company has a few other less expensive helmets. All can be found at mementoexclusives.com.



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Airbag safety is, literally, all in your hands

Driving force. Be careful what you keep on your lap and how vou handle vour wheel

MCINTOSH

Do you "hook" the wheel when you make a turn, reaching in and holding it with your palm facing you?

If so, it's a very bad habit that you need to change. Not only does it affect your driving, but it has the potential for serious injury.

You should drive with two hands at either side, at 10-and-2 or 9-and-3," says Scott Marshall, director of training for Young Drivers of Canada.

"By hooking your hand inside the wheel, you're limiting your steering ability. If you use your right hand, you can steer to your left, but you can't steer to

"You'll be severely injured because of your own knuckle and any jewelry you're wearing."

Scott Marshall, director of training for Young Drivers of Canada
On the dangers behind not holding your

steering wheel correctly and what can happen if you don't.

your right if a problem occurs.

'There's a higher possibility that you can't control the car, and you get in

Your steering wheel contains an airbag which, in a crash, deploys in milliseconds at some 300 km/h to prevent you from hitting the dash or windshield.

If you're hooking the wheel when this happens, the airbag will break your

If you drive with one hand at the top of the wheel, it puts your arm across the airbag. If it deploys, it will smash your hand into your face.

'You'll be severely injured because of your own knuckle and any jewelry you're wearing," Marshall

If your hands are at the sides of the wheel, the airbag will force them sideways and away from your

You may bruise your knuckles on the door panel, but it's preferable to risking broken bones or facial injuries.

"Don't be in fear of the airbag," Marshall says. "You should sit at least 25 centimetres away from the wheel, because the force is strongest at the beginning of its deployment.

"Sit as far back as you can, but so your right foot can touch the floor behind the brake pedal, with a slight bend in your leg.
"When you have two

hands on the wheel, you should have a slight bend in your arms.

You can make adjustments with the back of the seat if you're shorter. You can sit closer, but recline the seat.

The right side of the dash also contains an airbag.

Passengers should sit as far back as possible.

They should also never put their feet on the dash, since a deploying airbag can cause severe leg injur-

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- No items on lap. Don't carry items on your lap. In a crash, hard or sharp items such as the corners of boxes can cause injury.
- Pets should be buckled up. A deploying airbag will kill a pet sitting on your lap. Pets should be in the back seat, buckled in with a travel harness or pet carrier.
- Be aware of the airbag positions. Most newer vehicles have at least six airbags. Know where they are, and sit safely around them.



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metr⊕

Hands-free doesn't mean distraction free

Study. Research done by University of Alberta reveals disturbing results that drivers make more, and serious, mistakes with their earpiece in

Almost all of the participants in a University of Alberta study on distracted driving made serious mistakes while talking on a hands-free device, a new study has found.

The drivers, using a simulated city driving machine, missed stop signs, jumped the curb, ran traffic lights, changed lanes without signalling and in one case crashed into another car, the study found.

"Driving is quite a de-manding task," said Mayank Rehani, who conducted the study for his master's thesis at the university's faculty of rehabilitation medicine. "The brain is already doing a lot of multi-tasking. You're

"The brain is already doing a lot of multi-tasking. You're putting more load on your brain."

Mayank Rehani, who conducted the study with Dr. Yagesh Bhambhani. On the effects of taking a hands-free call

putting more load on your brain.

and Dr. Yagesh Bhambhani used infrared spectroscopy to monitor the brain activity of the 26 healthy adult males chosen for the study.

First, the men drove for six minutes on the simulator with no interruption. Then, for two minutes of the six minutes of driving, the men handled a telephone call via hands-free equipment.

"The calls were nothing emotionally charged," said Bhambhani. "Just casual conversations, what did you do last night, how do I get to Point A."

During the hands-free call, "there was an increase in brain activity, of oxygen to the brain. There was enhanced neural activity.'

On average, drivers made 2.14 errors when driving with no interruption and errors when driving with the hands-free call. The mistakes while talking were also more serious, the study

The difference can't be considered statistically significant, Bhambhani cau-

He explained the lack of correlation by saying the sample size was small and infrared spectroscopy only measures one part of the brain, limiting the amount of information researchers had to work with.

"The important thing from a safety point of view is that the number and severity of the errors increased."

Added Rehani: "We're not saying we should ban handsfree calls. What we want to get into the public consciousness is that technology is not evil but how we choose to use it is what makes the difference." TORONTO NEWS SERVICE





© 2013 Mercedes-Benz Canada Inc. 2013 C 300 Sedan with Premium & Sport package shown above, National MSRP \$43,540 (base \$39,990, plus optional Premium Package valued at \$1,200). **Total price of \$46,180 and down payment include freight/PDI of \$1,995, dealer admin fee of \$495, air-conditioning levy of \$100, EHF tires, filters, batteries of \$104, PPSA up to \$27.80 and AMVIC Tee of \$6.25.** Lease and finance offers based on the 2013 C 300 4 MAITIC** No Charge Premium and Sport package available only through Mercedes-Benz Financial Services on approximate in Services on approximate in

Vroom vrooming his way to millions

Tony Kanaan. After winning the race, the car driver earned nearly \$2.4 million

Hours later, Tony Kanaan still struggled to believe he had finally won the Indianapolis 500.

The Brazilian had come close many times in his previous 11 attempts before breaking through on Sunday. He couldn't sleep Sunday night, but not because he was excited.

"I was afraid I was going to go to sleep and I wake up in the morning and it would be race day again," the KV Racing driver said.

Kanaan can rest easy. His win was real, and so was the \$2,353,500 he earned.

The winnings were announced at the Indianapolis 500 Victory Awards Celebration on Monday night at the Indianapolis Motor Speedway.

Now, he has a place in history.

The image of his face will be on the Borg-Warner Trophy, and he'll forever be a part of the traditions at the Indianapolis Motor Speedway.

"When I got out of the car yesterday, I realized why every winner here feels so special," he said.

"It's not about the check, it's not about the ring — it's about becoming a legend."

Kanaan said the accomplishment won't affect his personality.

"What will change is Tony Kanaan will be able to be invited back here as a race winner. It's never going to change who I am."

Kanaan clinched his first Indy 500 win when the 2012 winner, Dario Franchitti, crashed late, allowing Kanaan to win under caution.

Franchitti dismissed conspiracy theorists who thought he might have crashed intentionally to preserve the victory for his good friend.

"I love T.K. like a brother, but I didn't do it on purpose. I can assure you if I did, it would have been a smaller crash. That one hurt yesterday."

Franchitti, a three-time champion, finished 23rd and earned \$277,805.

"Yesterday, we didn't get

it right," Franchitti said.
"We didn't. We've done it a
few times, got it right. We
didn't yesterday and we saw
the result of that."

Then, he looked over at his friend.

"My man here, they got it right. You did a great job."

It was a steep drop in earnings for the secondplace finisher, but 21-yearold Colombian rookie Carlos Munoz wasn't complaining about \$964,205.

"Whoa," he said. "That's a lot of money."

Munoz said he was surprised to perform so well.

"Being a rookie, I didn't expect to be that quick. It was an awesome car the whole race."

THE ASSOCIATED PRESS



Seeing dollar signs

Here's what the runners-up brought in.

- Second place. Carlos Munoz earned \$964.205.
- Third place. Ryan Hunter-

Reay earned \$583,005.

- Fourth place. Marco Andretti earned \$469,755.
- Fifth place. Justin Wilson earned \$337,805.



metronews.ca Wednesday, May 29, 2013 metr⊕

The missing Linc: Young's mission to drive big and clean

Auto Know. Rock legend's '59 Lincoln Hybrid allows all who drive to keep on rockin' in a green world

BURRLAGE

When the smoke finally cleared, nothing was left but a charred Lincoln chassis and the memories of what could have been.

The love child of legendary Canadian rocker Neil Young, LincVolt — a 1959 Lincoln Continental and the object of Young's affection — was a mess of singed scrap after a fire in November of 2010 rolled through its storage warehouse in San Francisco, Calif.

Young had already invested three years and millions of his own dollars into LincVolt; a project that converted his ride from a stylish but ordinary cream-coloured Continental convertible, into a freakishly efficient, plug-in hybrid, powered by American-made biofuel.

The fire was caused after an unproven charging system overheated when left unsupervised, just days after Young introduced LincVolt to the world at the Specialty Equipment Market Association (SEMA) show in Las

But what the flames claimed in car parts and man hours, it failed to touch in Young's commitment to the LincVolt project.

"While this is a setback for us," Young said immediately after the fire, "we are planning ways to continue."

For more than 40 years, Young has used his superstar status in rock 'n' roll as a platform to take on social issues, mainly to promote eco-consciousness. But the two-time Grammy Award winner is also an avid car collector. And to him, bigger is always better, which is why Young believes the Linc-Volt project is so important to the future of the auto in-

"Some people will buy small cars, but a lot of people want big cars," Young said, "big, strong, smart cars." LincVolt was born from

a three-pronged agenda shared by Young and his project team:

1) Decrease carbon-dioxide emissions through increased use of biofuel and less fossil-fuel usage. 2) Work toward future

independence from foreign

3) Push back against the big oil companies who make record profits every year, but give little to Mother Earth in return.

"You don't see much about what's really going on with the climate in the media," Young explained.
"It's just not a fast-moving subject. It's kind of a slowmoving story. But it's not going to be going away unless we do something.'

So armed with the lessons and knowledge from first construction, LincVolt Part II reached its completion this spring with a head-turning, 2,400-kilogram, six-metre-long 1959 Lincoln Continental hybrid that proves people and perseverance can make big" and "green" fit in the same sentence.

The new creation is affectionately named "Miss Pegi" as a tribute to Young's wife, who surprised her husband on his birthday with a donor Continental to replace Linc-Volt parts damaged by the

Young, now 67, is celebrating his creation and message with a trip across the United States in Miss Pegi, and also with a documentary on the highs and lows of the project, and a running blog and timeline on lincvolt.com.

Truly a groundbreaking machine, it delivers a 600-kilometre range on a tank of biofuel, and an 80-kilometre range on electric power only. Most recently, Young and his LincVolt made a media visit in Sioux Falls, S.D., one stop on the way to Washington, D.C.,

where Young hopes to share the importance of this project with U.S. Secretary of Energy Steven Chu.

Using American-made biofuel, Young said LincVolt cuts carbon dioxide emissions by 86 per cent compared to gasoline, which saves about half a metric tonne of the known greenhouse gas from entering the





Miss Pegi can never die

"We have a full-size car that has less emissions than the best hybrid. So it's cool and it is very sexy, and it performs. You have to have that and we do."

Neil Young, singer-songwriter and the inspiration behind the LincVolt

atmosphere for every 1,000 miles (1,600 kilometres) LincVolt drives.

"If this can be done with a 1959 Lincoln Continental," Young said, "such an exercise would be much easier in a lighter-weight and more aerodynamic vehicle."

The LincVolt is a complex machine that took years to plan and a team of experts to handle the conversion from standard gasoline to biofuel hybrid power.

A Ford four-cylinder engine mated with a 150-kilowatt electric motor provides 200 horsepower and about 25 miles per U.S. gallon (9.4 1/100 km) on the open road, while a micro-turbine generator produces about 30 kilowatts (40 horsepower) for charging and running on electric power.

"What does it feel like to drive this car? It is absolutely amazing," said Young, proud that every part of "Miss Pegi" is American made, other than the 104 lithium-ion batteries that come from China. "It's whisper quiet in electric mode and it is very fast for

Jeff Broin, founder of Poet Biorefining and a pioneer in the biofuel business, oversees development and production of the Cellulosic Ethanol used to fuel the car. It's a biofuel produced from wood, grasses or the inedible parts of a plant, and is one of the cleanest burn-





ing fuels on the planet.

Paul Perrone, founder of Perrone Robotics, built the car's brain that encompasses a control centre that links all the complex systems, from navigation and entertainment, to battery checks and safety warnings.

Then there's Johnathan Goodwin — known simply as the "Motorhead Messiah" because of his mastery at balancing horsepower and performance with fuel performance and low emissions — a key player in developing and building the LincVolt prototype at his shop in Wichita, Kan. Given more time to tinker, Goodwin believes he'll be able to achieve 100 m.p.g. (2.4 l/100 km) with LincVolt.

So, what started out as nothing more than an idea has turned into what Young hopes will be a pilot project that grabs the attention of the public and automakers, and dispels the popular belief that the terms "clean" and "efficient" are reserved only for tiny, sleepy hybrids.

'We have a full-size car that has less emissions than the best hybrid," Young said. "So it is cool, and it is sexy, and it performs. You have to have that, and we do.'

T Aries

March 21 - April 20

There is no point in trying to avoid obligations. Fortunately, what you have to do over the next few days won't be as difficult as you fear. Once you start, you may enjoy it.

Taurus April 21 - May 21

You're avoiding a showdown with someone you love. It may be understandable but it's not very smart. The sooner you let each other know why you are so angry, the sooner the healing process can begin.

II Gemini May 22 - June 21

Your luck is about to turn for the better and before you know it good things will be coming at you from all directions. Good people too. You will attract just the right person at just the right time.

9 Cancer

June 22 - July 23

Aim to be a bit more tactful when dealing with colleagues. In a matter of days you will have a clearer picture of what needs to be done to turn a loss into a gain but you don't have to be pushy about it.

Ω Leo July 24 - Aug. 23

Make sure your long-term plans are practical. If you have not thought them through properly, they could fall short of expectations. Know your goals and have a Plan B ready.

W Virgo Aug. 24 - Sept. 23

You think too much and because of that, you worry too much as well. The message of the stars is that you should stop analyzing each and every detail. Go with the flow.

△ Libra

Sept. 24 - Oct. 23

You may be yearning for things you are unlikely to get. But over the next two days a more realistic attitude will set in. Then, remarkably, you will find that what you desire suddenly comes easily to you.

M Scorpio Oct. 24 - Nov. 22

Don't get so caught up in the social whirl today that you fail to notice a career opportunity of some kind. In a matter of weeks, you could move several rungs up the ladder of success.

プ Sagittarius Nov. 23 - Dec. 21

You don't have time to wallow in negativity — there are too many interesting things going on in the world. One special person needs help though. Spare them an hour of your time and get them smiling.

り Capricorn

Dec. 22 - Jan. 20

Do something that makes you feel good about yourself today. Your problems may seem huge but in reality they can't hurt you in the slightest. What is it that makes you feel glad to be alive? Do it some more.

Jan. 21 - Feb. 19

Life will offer you opportunities but it is up to you whether or not you do anything with them. An interesting offer will come your way over the next few days. Make it your own.

H Pisces

Feb. 20 - March 20

Fame and fortune can be yours if you want them but do you? As a Pisces, you may prefer to keep a low profile, but if so that's a shame as you have so much to offer. SALLY BROMPTON

Crossword: Canada Across and Down

14

Across

1. Then, in Tadoussac 6. Pal; or, 104.5 FM (Toronto radio station) 10. Link up

14. " can be told." (The story can be revealed finally)

15. Stockings 16. Do others...

17. Singer Mr. Lopez 18. "That's surfboard!" (How gnarly!)

19. Glassmaking oven 20. They were extravagant shows on Broadway: 2 wds. 23. "Cool Hand __" (1967) starring Paul

Newman 24. Westerns star

John 25. Cat, at times 29. Rebuff

30. A famous Jessica 31. "Rolie Polie

34. Additional 37. Quebec City's

historic 1759 battleground: 3 wds. 41. AD = __ Domini

42. Comic actress Roseanne

43. Bean __ (Tofu) 44. Knowing 46. Low-carb diet

48. __ que (Because, in French)

50. Two-and-two's sum 52. Armour-wearing mounted warriors: 2 wds. 58. Jagged cliff

59. Actor, Chris D'_ 60. Spy's disguise garment 61. Addiction-causing

48

58

61

64

Crystal 62. Pre-Beatles band for Ringo, __Storm & The

Hurricanes 63. Ms. Clarkson

64. Q. "__ '__ Canada', the showbiz news program, on

Global?" A. "Yes." 65. Butterfly banes 66. 2013, Year of the

Down 1. 1998 animated bug flick

2. Ms. Singer of "Footloose" (1984)

3. Boo-boo

59

62

4. Finger jewelry Suppress

6. Sidewalk artist's tool 7. Throng of people 8. Thunderbirds org.

60

63

9. Guess Who song: "Hand World" 10. 'Canada's Queen of

R&B': 2 wds.

11. __ a million: 2 wds. 12. "... wed." 13. Partners of neithers,

BY KELLY ANN BUCHANAN

often

21. Across-the-Pond monevs

22. "Today" anchor Matt

25. Traveller's aid

26. 'Salmon' suffix

(Kitchen prep worry) 27. Seaport of Scotland

28. Singer/pianist Rufus

29. Singe

32. Earring spot 33. "___ picture paints...": Bread song

35. Feng __ (Art of placement)

36. Pull in 38. Soft drink orderer's request: 2 wds.

39. Electric shavers name

40. ER pros

45. Ontario's Trent-Waterway

47. Fools

48. Fathers: French

49. Sets ___ (What the engaged couple does) 50. Tease

51. Sanctions

52. Gladiator's 1901

53. __ vera 54. Country star Mr.

Campbell 55. Greeting in Granada!

56. Converse

57. Scottish dog breed, ___

How to play

Sudoku

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

1	7	4	9	8	3	6	2	5
В	2	6	4	7	5	1	9	3
9	5	3	6	2	1	7	8	4
4	1	8	7	6	2	3	5	9
2	6	5	8.			4	7	1
3	9	7	5	1	4	8	6	2
6	3	1	2	9	7	5	4	8
7	4	2	3	5	В	9	1	6
5	В	9	1	4	6	2	3	7

	8				3			
2			4	6		8	5	
7		6					4	
	2	9		5				
			1		6			
				3		4	2	
	9					6		5
	4	7		9	1			3
			7				1	

TODAY

MAX: 19

MIN: 12

THURSDAY

MIN: 12

FRIDAY

MAX: 22



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1916 99th St. NW 1934 38th Ave. NW 4515 Gateway Blvd. 4909 99th St. NW 5912 104th St. NW 8710 51st Ave. NW 9518 Ellerslie Rd. SW 10309 34th Ave. NW 13034 50th St. NW

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